

Aphanizomenon Flos-Aquae



Teneur en nutriments	
Proteins	60%
Lipids	4%
Carbohydrates	26%
Chlorophyll	1%
Fiber	5.70%
Minerals	6.50%
Moisture	5%

Profil vitaminique

Analyte	Amt. Per 100 g	Unit of measure
Vitamin A	152,300	IU
Thiamine (B-1)	1.9	mg
Riboflavin (B-2)	4.5	mg
Pyridoxine (B-6)	1.5	mg
Vitamin (B-12)	370	µg
Vitamin C	40	mg
Vitamin D	40	IU
Niacin (B-3 ou PP)	40	mg
Choline (lécithine, B ?)	130	mg
Folic Acid (B-9)	60	µg
Pantothenic Acid (B-5)	310	µg
Biotin (B-8)	20	µg
Vitamin E	10	IU

Acides aminés



Fat Profile	%
Saturated Fat	2
Monounsaturated Fat	0.5
Polyunsaturated Fat	1.6
Total Fat	4.1
Fatty Acid Profile Saturated	
Capric	0.1
Lauric	0.1
Tridecanoic	0.1
Myristic	7.5
Pentadecanoic	0.2
Palmitic	37.3
Heptadecanoic (margaric)	0.6
Stearic	1.7
Nonadecanoic	0.1
Arachidic (ecosanoic)	0.2
Heneicosanoic	0.2
Behenic	0.1
Lignoceric	0.1
Total Saturated	48.1
Monounsaturated	
Myristoleic	0.4
Pentadecenoic	0.1
Palmitoleic	3.5
Margaroleic	0.2
Oleic	7.9
Eicosanoic	0.5
Erucic	0.1
Total MUFA's	12.6
Polyunsaturated	
Linoleic	7.1
Linolenic	28.6
18:04	2.7
Eicosadienoic	0.1
Arachidonic	0.2
Eicosapentanoic	1.2
Docosadienoic	0.1
Docosahexaenoic	0.3
Total PUFA's	40.3

Minéraux



Major Minerals	Units: microgram / gram
Calcium	8,500
Chloride	2000
Magnesium	1800
Manganese	31.2
Phosphorus	4700
Potassium	10600
Silicon	6100
Sodium	2500
Trace Minerals	
Boron	100
Chromium	1.2
Cobalt	1.6
Copper	10.5
Fluoride	26
Germanium	0.3
Iodine	0.4
Iron	700
Molybdenum	4.7
Nickel	3.7
Selenium	0.4
Tin	1.2
Titanium	71.7
Vanadium	4.4
Zinc	12.1